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OFFICE OF ORAL HEALTH



TRIVIA OF THE MONTH:

A DENTIST INVENTED
WHAT COMMON CHILD-
HOOD FAVORITE?

- A) Onesie (infant bodysuit)
- B) Cotton Candy
- C) Hot wheels
- D) Nintendo

Answer on back cover.

MISSION

To identify community oral health needs, recognize the social determinants of oral health as a basis to develop policy, design effective and culturally competent preventative programs and promote oral health as part of overall health through the integration of medicine and dentistry.

VISION

To achieve health equity for all residents of Maricopa County with access to appropriate and quality oral health services.

DAD FINDS SUPPORT AT RESOURCE CENTER

“This is great. They didn’t have programs like this when I was growing up,” said Cory, while obtaining services for his 5 year-old son during the Grand opening of the Buckeye Resource Center.

The family resource center is funded by First Things First Southwest Maricopa region. The goal of facility is to strengthen families by providing community-based access to programs such as our fluoride varnish service.

“My teeth would look a lot better if I had this growing up” Cory recalled.

He first learned about the resource center during a visit to the Parent Expo held at the resource center

earlier that week.

“I had never been to anything like that before. I just moved here. I’m looking for work and insurance so my son can have the best and this helps us out so much.”

Although there were no visible problems in his sons mouth, he requested a list of low-cost, dental centers so his son would have access to dental services in the future.



JEREMIAH (CORY'S SON) RECEIVING EDUCATION ON BRUSHING

FTF PARTICIPATES IN “9TH ANNUAL BIKE TO WORK

April 22 marked the 9th annual ‘Bike to Work Day,’ a county-wide initiative to inspire citizens to increase fitness and decrease pollution.

County and city elected officials, including Mayor Greg Stanton, and Olympic Gold Medalist Misty Hyman hosted the four-mile bicycle ride and light breakfast in downtown Phoenix

In honor of the competitive spirit of

the 2014 Olympics, Maricopa County, the City of Phoenix, and Misty Hyman challenged agencies to compete for the highest number of registered participants.

Two of our very own First Teeth First staff along with 122 Maricopa County employees captured the GOLD.

Congratulations Maryola and Jamal!



L-R: JAMAL ROBINSON, MARYOLA BLANCAS

(COVER PHOTOGRAPHY: D. QUINONEZ RECEIVING SERVICES @ MEXICAN CONSULATE)

FDA PROPOSES RULES REGULATING E-CIG, CIGARS, HOOKAHS

This month the FDA proposed rules that will strictly regulate electronic cigarettes, cigars, pipe tobacco, nicotine gels, water pipe tobacco and hookahs. After a 75-day public comment period, the proposed rules will include:

- Setting the age limit to buy the products to be at least 18 (states can set it higher)
- Health warnings required on all products
- Vending machine sales of products would be prohibited
- Manufacturers would be required to register all of their products and ingredients with the FDA
- Manufacturers would only be able to market new products after an FDA review
- Manufacturers would need to provide scientific evidence before making any claims of risk reduction tied to use of their product.



CONTINUED SUCCESS FOR FTF COMMUNITY FESTIVALS

On April 5, First Teeth First (FTF) in collaboration with Native Health, provided fluoride varnish treatment, referrals, and education for more than 200 children during the 2nd annual HopefestPHX at Chase Field.

HOPEFEST brings the community together to meet the immediate needs of our uninsured, underinsured and underserved neighbors. The festival then connects them to resources that

facilitate long-term solutions, independence and stability. Nearly 20,000 people attended and received FREE medical, dental, vision, food, housing, haircuts, clothing, employment services, child safety needs and so much more.

The Office of Oral Health (OOH) continues to experience success as it increases the awareness levels to children and parents regarding the importance of maintaining oral health and wellness.



First Teeth First Team Members (L-R):
Judy, Registered Dental Hygienist
Fabiola, Biligual Site Assistant

MARICOPA COUNTY

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STAFF SPOTLIGHT



Join the department in welcoming Daniel Roman to the Office of Oral Health (OOH) at Maricopa County.

Daniel will serve as the new First Teeth First Program Assistant.

Congratulations and welcome Daniel! We look forward to working with you.

Fun Fact: In museums he is allowed to touch the art. He is...the most interesting man in the world.



TRIVIA ANSWER :

Answer: B Cotton Candy

The spun-sugar confection and the device that made it were invented in 1897 by Dr. William Morrison, a dentist, and John C. Wharton. Their device heated sugar in a spinning bowl that had tiny holes in it. The Nashville, Tennessee inventors called their treat "Fairy Floss" and introduced it to the world at the St. Louis World's Fair in 1904.

3 DRINKS TO RETHINK

The drinks that we consume play a major role in our oral health. Cutting certain drinks out of your diet can result in a great improvement of your oral and overall health. If you want to keep your teeth white and gums healthy, let's focus on drinks that are to be avoided.

Soft Drinks

Soft drinks are the worst for your teeth and your body as a whole. Soft drinks contain heaps of sugar, which bad mouth bacteria thrive on. It's not just the sugar though, but also the acidity which can lead to tooth decay.

Wine

Wines (both red and white) are acidic and can cause dental erosion. Make sure to drink plenty of water during and after to rinse away the acidic wine.

Fruit Juices

Fruit juices can also damage your teeth. Fruit juices are acidic and some of them very sugary as well. When you drink fruit juices, try to drink freshly pressed ones, avoiding juices with added sugar.

In order to keep your teeth healthy, make water your staple drink and consider other drinks as "treats."

